Worship Videos Spring 2

This half term we start with the story of David as a Person of Courage and then move into the season of Lent. We end the term exploring the triumphal entry into Jerusalem and then the event of Good Friday and Easter Sunday.

- 1. David People of Courage 5. Lent 4 How do you use your time?
- 2. Lent 1 Ash Wednesday
- 6. Palm Sunday The King Arrives
- 3. Lent 2 Tempting choices 7. Easter Empty but Full
- 4. Lent 3 What 3 words



Lent

Lent is a season when many Christians rebalance their lives to focus on God more. It starts with Ash Wednesday and leads up to Easter.

Pray

Take some time to quietly reflect on your daily activities. Grab a sheet of paper and write down everything you do throughout the day. Our lives can often become guite full, and sometimes we need to declutter them. Review your list and ask God to help you identify areas where you could create more time to help others. Circle those activities on your list. Then, pray and ask God for ideas on how you can use that time to help others

Fast

giving up chocolate, think about

Give

Lent is a time to give to help others.

You could try and do the 40 days of Lent.



Two Way Walk

Take a walk outside. As you walk think back through the last few days.

What choices did you made? When were you tempted? Did you make the wrong choices at some points?

Every time you think about a wrong choice, turn around and go back the way you walked.

What should you have done?

Now change direction completely, as a new start, think about what would have been different?

Examen Prayer

This is an ancient way of reflecting and praying at the end of the day that was used by St Ignatius. You could do this whilst travelling home from school or at bedtime. You may like to put some quiet music on to help you focus on the prompts below.

Find somewhere quiet and comfortable, remind yourself that God is there with you too.

Can you think of five to ten things that happened today?

What did you most enjoy about today?...

Tell God about what you enjoyed

Did anything make you feel sad

What friends do you want God to bless today?

Who else needs your prayers?

Think of someone who might be lonely or unwell . .

Pray for them in your own words ...

And ask God for what you and your family need

Thank God for your day out what will

happen tomorrow.

Is it right to always get your own back?

What helps you to make the right choices when tempted?

What clutters up your spiritual life?

If you could have an extra hour every day, how would you spend it?

Which part of the Easter story means the most to you and why?

What did Jesus have to die?

The tomb was empty, but the world was full, full of...?

Thinking it through



Supporting Spirituality & Worship - Spring 2

Welcoming the King



How would you welcome a king to your school?

What would you use to decorate the place and to create a procession?

You could create a banner for the school that could be used to praise God, to welcome the king to your worship times?

What other ways could you creatively praise God?





Design your own cross

The Easter message is one of hope and joy as Christians celebrate that Jesus is alive. The empty tomb is full of promise. Why not make a promise box or jar this Easter and fill it with some of God's promises to remind you of the hope Jesus came to bring?

Here some verses to get you started look them up <u>online</u> or in your own Bible:

Jeremiah 29:11, Psalm 40:5, Proverbs 3:5-6, Psalm 61:3, Psalm 139:14. Add others as you learn them in our worship or when reading the Bible at other times.

In Latin America wooden crosses are often decorated to represent different parts of Jesus life and teachings.

Why not design your own cross on paper or card, you could use collage, paint or draw it.

If you have an adult to help you might even want to make one out of wood.

What would you want your cross to show?

How could it show God's place in your community today?

EASTER GARDENS

Parts of the Passion (the Easter story) take place in a garden.

If you're able too why not make an Easter garden. Like the ones shown above. If you have the space you could make a larger version in your garden using sticks to make three crosses and a den to represent the tomb.

What else could you put in it?

As you make it think about the events that happened at the cross and the tomb. Think about some of the different people who were there, Jesus' mum Mary, the disciples, the other Mary who visited the tomb. How did their feelings change during the Easter story? You may like to write a reflective poem, a song or a prayer to show what you think about.







Here's a simple prayer activity for Easter Sunday using an Easter egg:

- 1. As you unwrap your Easter egg, thank God for the good things in your life.
- 2. When you see the empty shell, remember Jesus rose from the grave and the tomb was empty.
- 3. As you break the chocolate shell, pray for people and situations that feel broken, asking God to be with them.
- 4. Enjoy the chocolate and thank God for the people you love and who bring sweetness to your life.

Easter

Egg

Prayer



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